

Patient Information

AGE: 42

DX: Triple-Negative Invasive Ductal Carcinoma

REGIMEN: Taxol weekly x 12 + Carbo and Keytruda q3 x 4 --> AC + Keytruda q 3 x 4

HAIR TYPE: Fine, medium length, color treated

WHY SCALP COOLING: As a mother of three, I was terrified to lose my hair during chemo, both for my boys, who would find it frightening if "mommy looked sick," and for myself, since my long hair has always been a core part of my identity.

Patient Experience

"I was meticulous about scalp cooling and hair care during chemotherapy, studying all the Cooler Heads materials, following every guideline, and developing a strict routine. I quickly became comfortable using the cap, which, while cold, was manageable. Shedding increased around week five but eventually stabilized, with most thinning on the top of my head. For me, some slight regrowth happened when I still had a few rounds of chemo remaining, which was very encouraging. By the end of treatment, I had retained about 75–80% of my hair and was deeply grateful for the confidence, privacy, and normalcy that Cooler Heads' scalp cooling provided."

BEFORE CHEMO



BEFORE CHEMO



AFTER CHEMO



AFTER CHEMO

